

SCHEDULING STATUS

Category D Medicine.



Taurine is an amino acid that is found in large concentrations in the human brain and heart muscle. Taurine plays a role in healthy circulation and brain function.

PROPRIETARY NAME (AND DOSAGE FORM)

NPL Series Black

INTRA LOAD

Powder

Composition

NUTRITIONAL INFORMATION	100g	40g	%NRV
ENERGY (kJ)	1477	591	*
PROTEIN (g)	35.7	14.3	26%
GLYCAEMIC CARBOHYDRATES (g)	51.5	20.6	*
OF WHICH SUGARS (g)	24.8	9.9	*
TOTAL FATS (g)	0.1	<0.1	*
OF WHICH SATURATED (g)	0.1	<0.1	*
DIETARY FIBRE (g)	0	0	*
TOTAL SODIUM (mg)	752	301	*
POTASSIUM (mg)	129	52	*
CALCIUM (mg)	16	7	1%
MAGNESIUM (mg)	151	61	14%
PHOSPHORUS (mg)	70	28	2%
WHEY PROTEIN ISOLATE (mg)	12500	5000	*
BCAA 2:1:1 (mg)	6250	2500	*
L-GLUTAMINE (mg)	6250	2500	*
BETA ALANINE (mg)	7500	3000	*
TAURINE (mg)	5000	2000	*
CHROMIUM PICOLINATE (mcg)	250	100	286%
L-TYROSINE (mg)	625	250	*
GRAPE SEED EXTRACT (mg)	125	50	*
VITAMIN C (mg)	625	250	250%
SODIUM BICARBONATE (mg)	875	350	*
POTASSIUM PHOSPHATE (mg)	250	100	*
TRI-SODIUM CITRATE (mg)	375	150	*

* %Nutrient Reference Values (NRVs) for individuals 4 years and older (2010)
- Not established

PHARMACOLOGICAL CLASSIFICATION:

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PHARMACOLOGICAL ACTION:

Whey protein is essential for growth and development. It is a source of energy, and is needed for the production of hormones, antibodies, enzymes, and tissues. Whey protein helps to maintain the proper acid-alkali balance in the body. Whey protein is broken down into various amino acids, which are the building blocks for all structures in the body. The building of muscle requires a constant pool of amino acids to be available. Branched-chain amino acids (BCAAs) are involved in metabolic processes as modulators of protein synthesis, as substrates for protein synthesis, and as precursors in the synthesis of alanine and glutamine. Glutamine is the most abundant amino acid in the body. It is found primarily in skeletal muscle and plays a role in muscle repair and recovery after intense exercise. Glutamine is also important for maintaining immune function. Beta-Alanine is a non-essential amino acid which is used for protein synthesis and plays a role in energy production and gluconeogenesis.

INDICATIONS:

Intra Load is indicated when a deficiency of the active ingredients exists.

CONTRAINDICATIONS:

If you suffer from any medical condition consult your healthcare practitioner before using this product.

SPECIAL PRECAUTIONS FOR USE:

If you are taking any prescription medication, particularly anti-inflammatory medications, consult your healthcare practitioner before using this product.

INTERACTION:

If you are taking any prescription medication consult your healthcare practitioner before using this product.

PREGNANCY AND LACTATION:

Pregnant and breastfeeding women should avoid using this product.

DOSAGE AND DIRECTIONS FOR USE:

Mix 2 rounded scoops (40g) to 300ml – 500ml of cold water and consume during a workout.

SIDE EFFECTS AND SPECIAL PRECAUTIONS:

Discontinue the use of this product where there is sensitivity towards any of the ingredients. Allergens: Cows milk, Soy, Egg

KNOWN SYMPTOMS OF OVERDOSE AND TREATMENT:

Use only as directed.

IDENTIFICATION:

Off-white litchi flavoured powder OR
Light orange mango-orange flavoured powder

PRESENTATION:

Black HDPE jar with sleeve label with 800g powder

STORAGE INSTRUCTIONS:

Store at or below 25° C. Protect from light and moisture. Keep out of reach of children.

REGISTRATION NUMBER/APPLICATION NUMBER:

This medicine has not been evaluated by the South African Health Products Regulatory Authority. This medicine is not intended to diagnose, treat, cure or prevent any disease.

NAME AND BUSINESS ADDRESS OF APPLICANT:

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DISCIPLINE OF THE MEDICINE:

Health Supplement

REFERENCES:

Balch PA: Prescription for Nutritional Healing; 4th Edition; 2006
Current Opinion in Clinical Nutrition and Metabolic Care; 2002; 5:
63-7 Metabolism 1999; 48: 915-21