

SCHEDULING STATUS

Category D Medicine. Combination Western Herbal



PROPRIETARY NAME (AND DOSAGE FORM)

NPL ProLifestyle Series

CLA 1000

Softgels

Composition

Each 20ml serving provides: %NRV

Each softgel provides:	
Conjugated linoleic acid	800mg
Providing C9, T11 and T10, C12 isomers	

* %Nutrient Reference Values (NRV's) for individuals 4 years and older (2010)
- Not established

PHARMACOLOGICAL CLASSIFICATION:

Category D Medicine. 32.3 – Slimming preparation

PHARMACOLOGICAL ACTION:

Conjugated linoleic acid (CLA) refers to a group of conjugated dienoic isomers of linoleic acid, including cis-9,trans-11 linoleic acid and trans-10,cis-12 linoleic acid. Different isomers seem to have different physiological effects. Dairy products and beef are the major dietary sources. Research shows the possibility that CLA might reduce body fat deposits by promoting apoptosis in adipose tissue.

INDICATIONS:

CLA 1000 is indicated when a deficiency of the active ingredients exists.

CONTRAINDICATIONS:

If you suffer from any medical condition consult your healthcare practitioner before using this product.

SPECIAL PRECAUTIONS FOR USE:

Discontinue the use of this product where there is sensitivity towards any of the ingredients.

INTERACTION:

If you are taking any prescription medication consult your healthcare practitioner before using this product.

PREGNANCY AND LACTATION:

Pregnant and breastfeeding women should avoid using this product.

DOSAGE AND DIRECTIONS FOR USE:

Take 1-2 softgels, 2 to 3 times daily with or after meals.

SIDE EFFECTS AND SPECIAL PRECAUTIONS:

Discontinue the use of this product where there is sensitivity towards any of the ingredients.

KNOWN SYMPTOMS OF OVERDOSE AND TREATMENT:

Use only as directed.

IDENTIFICATION:

Golden brown oblong gelatin softgel with golden oil

PRESENTATION:

White HDPE bottle with 90 softgels.

STORAGE INSTRUCTIONS:

Store at or below 25° C. Protect from light and moisture. Keep out of reach of children.

REGISTRATION NUMBER/APPLICATION NUMBER:

This medicine has not been evaluated by the South African Health Products Regulatory Authority. This medicine is not intended to diagnose, treat, cure or prevent any disease.

NAME AND BUSINESS ADDRESS OF APPLICANT:

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DISCIPLINE OF THE MEDICINE

Combination Western Herbal

REFERENCES

Elias SL, Innis SM. Infant plasma trans, n-6, and n-3 fatty acids and conjugated linoleic acids are related to maternal plasma fatty acids, length of gestation, and birth weight and length. Am J Clin Nutr 2001;73:807-814.
Obesity Research Journal 2001; 9: 129-34